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CLASS - I

SUBJECT - EVS

Date - 26/05/2020

Chapter -3

Caring Our Body

- ***We follow good habits to keep ourselves healthy .***



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I wear shoes or slippers to keep my feet safe .



I eat meals at proper time .



I always drinks plenty of clean water.



I wash my face , hands and feet after coming back from school , market or play .



I wash my hands and feet after coming from the toilet .



I cover my mouth and nose with a handkerchief when I cough or sneeze .



I go to bed early at night .



I trim my nails once in a week .

1. Answer the following questions .

- (I) What do you do with a nail cutter ?**
- (II) What type of water do you drink ?**

2. Tick the correct word .

- (I) Colgate , Pepsodent , Close - up .
(Toothpaste , Comb)**
- (II) Lifebuoy , Dettol , Johnson . (Toothpaste , Soap)**
- (III) Sunsilk , Dove , Johnson . (Brush , Shampoo)**

(Jyoti)

